

ROUTINE MEDICAL TESTS NOW INCLUDE HIV

BE SURE TO ASK YOUR HEALTHCARE WORKER WHAT YOU ARE BEING TESTED FOR.

TESTING IS IMPORTANT, BUT ONLY WHEN YOU'RE READY.
IT'S YOUR BODY, SO MAKE SURE IT'S YOUR CHOICE.

REMEMBER YOUR RIGHT TO THE 3 CS:

Consent

You have the right to information that can help you **choose to refuse or accept** an HIV test.



You Should:

- **Understand** the risks and benefits of testing
- Test when it's **your choice**
- **Agree specifically** to an HIV test
- **Express** yourself clearly

Counselling

You have the right to pre-test and post-test counselling, **even if you decide not to take the HIV test.**



Before Testing, You Should Learn:

- About the procedure of the test
- About your risk of being infected with HIV
- How to reduce your risk of becoming infected with HIV
- How to reduce your risk of infecting others with HIV
- How to share your HIV status with others

After Testing, You Should Learn:

- About support services
- About treatment options
- How to avoid transmitting HIV to others, *or* How reduce your risk of getting HIV
- How to share your HIV status with others
- How to encourage your partner to test

Ask your healthcare worker how to get counselling services.

Confidentiality

You have the right to control who **knows your HIV status**, even among healthcare workers.



You Should Know:

It is your right to choose **how** you share your HIV status, with **whom**, and **when**. Be sure to **INSIST** your results are kept confidential.

BE **INFORMED**. MAKE A **CHOICE**.

DEMAND YOUR **RIGHTS**.

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